**Teen expectations:**

1. I agree to not drink any alcoholic beverage (beer, wine, hard liquor) until I am 18.
2. I agree to never accept a lift from anyone who appears under the influence of alcohol or drugs. I will always call for a ride home instead.
3. I agree to come to my parent(s) for support if I ever have any concerns with peer pressure and I understand that I will never be punished for reaching out.
4. I agree to call or text my parent(s) if I am ever in a situation where I feel uncomfortable or unsafe and drinking is involved. I understand that I can always ask for help and will not be punished for reaching out.

**Parent expectations:**

1. I agree to take an interest in my child’s life. I will stay informed about their activities and whereabouts.
2. I agree to monitor and observe my child’s behaviour if I suspect alcohol or drug use and I will address any concerns with my child.
3. I agree to listen and support my child if he or she comes to me with peer pressure issues or any other problems that could lead to substance abuse.
4. I agree to always be available. I will pick my child up at any time or place if they find themselves in an uncomfortable situation where underage drinking is involved and they will not be punished for reaching out.

**If I *follow* this agreement then I will receive the following reward(s):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*For example, reward ideas for following behaviour expectations could include buying them tickets for a concert, receiving an agreed upon cash amount, making an upgrade to their bedroom (new bed, new paint colour, etc.), getting them a pet, having a “Yes” day where you say Yes to whatever they want (within reason, budget, and safety), taking them to a professional sports game.*

**If I *violate* this agreement, then I will receive the following consequence(s):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*For example, revoking privileges for violating behaviour expectations such as mobile phone, video games, allowance, dating privileges, visiting friend’s home, computer (expect for homework).*

**Teen signature**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent signature**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_